



The Tuning C.D.

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A State of the Art Intonation Training Tool
www.TheTuningCD.com

Soprano/ Tenor Voice

1. Turn on the c.d. player, but turn down the sound.
2. Set the programming, or memory, on your c.d. player to play track #1 five times. Press "play" on your c.d. player and track #1 will sound for fifteen minutes.
3. Turn the volume back up.
4. Sing the note "C (the lowest possible)" for eight to ten seconds using no vibrato on the syllable "EE." As you are singing this note, listen to The Tuning C.D. If you cannot hear The Tuning C.D., sing softer, or turn up the volume on your compact disc player. As you sing the note "C" and listen carefully to The Tuning C.D., you may hear waves, or beats. This means you are singing out of tune. Make some adjustments to get rid of the beats. Repeat the above process several times (at least 5 to 8 times) until you have comfortably gotten rid of all beats. This is a very challenging, yet important step, so take your time. If you are able to eliminate all beats, go on to step 5.
5. Now try the above process with a second note, "C," and octave above. Hold the second note, "C," for eight seconds. Be sure to listen to The Tuning C.D. and check for beats. Repeat this process (again at least 5 to 8 times) until you have comfortably gotten rid of all beats. When you eliminate all beats, go to step 6.
6. Sing and hold the first "C (the lowest one possible)" for a few seconds, getting rid of all beats and then slur into the second "C (the octave above)" pitch. Be sure to hold these notes long enough to get rid of all beats. Do not switch notes until you have gotten rid of all beats. Do this step several times until comfortable. Remember not to use vibrato at any time.
7. Now reverse step 6. Sing and hold the second "C (the octave above)" pitch and then slur into the first "C" note. Be sure and listen to The Tuning C.D. Did you make adjustments to get rid of the beats for either note? Keep those adjustments in mind. Repeat this process until all beats are comfortably gone.
8. Sing the note "G," found between the two selected "C" pitches, for eight to ten seconds. Remember not to use vibrato and always blend with the pitches you hear from the c.d. If you have trouble hearing the pitches from the c.d. player, do not be afraid of turning up the volume. Try having the volume of the c.d. player overpower the volume of your voice. Experiment. Repeat until all beats are comfortably gone. Again, take your time to train your ears to get rid of all beats. This is a very important step.
9. Now, while holding each note long enough to get rid of any beats, sing the first pitch, "C (the lowest one)," and slur to the new note, "G." Repeat this until all beats are comfortably gone.
10. At this point, reverse step nine. Start on the note "G," holding long enough to get rid of all beats, and slur to the first pitch, "C (the lowest one)." Repeat until all beats are comfortably gone.
11. Now try repeating steps 8 through 10, but replace the note "G" with the following notes in order: F, D, E, B, and finally A. Again, spend plenty of time in this beginning phase. This will train your ear to hear "in tune."
12. Use this routine in all twelve keys.

HELPFUL HINT: The Tuning C.D. may also be used as a warm-up device when a piano is not available.

