



The Tuning C.D.

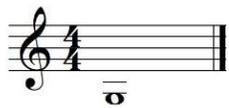
A State of the Art Intonation Training Tool
www.TheTuningCD.com

Violin

PURPOSE: This document was created for those who purchase or stream *The Tuning C.D.* and wish to better their musical intonation, tone quality and/or balance. There are many manners in which to use *The Tuning C.D.* with a solo instrument. The intent of this document is to inspire instrumentalists to not only use *The Tuning C.D.* to better their musical intonation, tone quality and/or balance through basic instructions, but also for these same individuals to create their own instructional exercises or techniques to be used with *The Tuning C.D.*

BASIC INSTRUCTIONS

1. Turn on the c.d. player, mp3 player or streaming device, but turn down the volume.
2. Play track #8 (Concert G).
3. Turn the volume back up to a reasonable dynamic in which you may blend with The Tuning C.D.
4. On your instrument, play open “G” (the lowest possible) for eight to ten seconds using absolutely no vibrato.



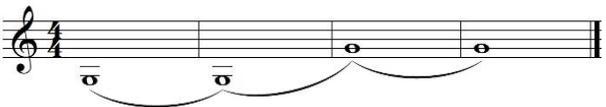
As you are playing this note, listen to *The Tuning C.D.* If you cannot hear *The Tuning C.D.*, play softer or increase the volume on your c.d. player, mp3 player or streaming device. As you play open “G” and listen carefully to *The Tuning C.D.* you may hear waves, or beats. This means you are playing out of tune. Carefully retune the “G” string to get rid of the beats.

Repeat the above process several times (at least 5 to 8 times) until you have comfortably gotten rid of all beats. This is a very important step, so take your time. If you are able to eliminate all beats, go on to step 5.

5. Now on the same string, try the above process with a second note, “G,” an octave above. Like the first note, hold this new “G” for eight to ten seconds while blending your instrument’s tone with *The Tuning C.D.* Do not use vibrato at this point. Check for beats. Repeat this process at least five to eight times until you have comfortably gotten rid of all beats. Again, this is a very important step, so take your time. If you are able to eliminate all beats, go on to step 6.



6. Play and hold the lower “G” for roughly eight seconds while getting rid of all beats. Then, slur into the “G” an octave above. Using no vibrato, be sure to blend with *The Tuning C.D.* and get rid of all beats. Do not switch notes until you have gotten rid of all beats. Perform this step at least five to eight times until you have comfortably gotten rid of all beats.

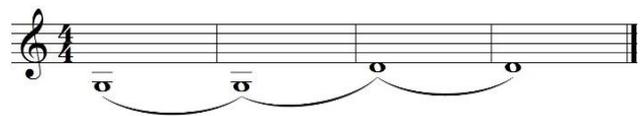


7. Reverse step 6. Perform and hold “G” an octave above for roughly eight seconds and then slur into the first “G” for roughly eight seconds getting rid of all beats. Using no vibrato, be sure you are listening to and blending with *The Tuning C.D.* Did you make adjustments to get rid of the beats



for either note? If so, what did you do? Keep those adjustments in mind. Repeat this process at least five to eight times until you have comfortably gotten rid of all beats.

8. Repeat step 6, but replace “G,” an octave above, with the following notes in order: D, C, B, B-flat, A, F-sharp, F natural and E. Again, spend plenty of time in this beginning phase. Do not use vibrato at this time. This process will train your ears to hear more keenly "in tune."



9. Reverse step 8. Perform a note (D, C, B, B-flat, A, F-sharp, F natural and E) given above, but then return to “G” holding each note for roughly eight seconds and getting rid of all beats. Do not use vibrato.



10. Use this routine in all twelve keys, perhaps a different key each day. Also, this routine may be used before rehearsing a composition in a particular key. For example: if your first work to be rehearsed is in the key of concert F, rehearse the above exercises in concert F (track 6) for just a few minutes. Then begin your rehearsal on this work. Before rehearsing a second work, use *The Tuning C.D.* again and be sure to rehearse the above exercises in the corresponding key for the second work. With daily practice, you will make noticeable improvements in intonation, tone quality and balance.

HELPFUL HINTS:

- (1) Try practicing slow, simple melodies based on major or minor scales with *The Tuning C.D.*
- (2) Be aware of how you may use different fingerings to adjust for pitch and tone quality.
- (3) Try creating your own exercises with *The Tuning C.D.*